

ARIZONA
USAG WOMEN'S RULES & POLICIES
2016-2017

(A Supplement to the USAG Rules & Policies Manual)

AZ State Board Members

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AZ State Voting Board Members

Samantha Baliterrez, State Meet Coordinator Optional Rep
Debby Farrelly, State Meet Coordinator Compulsory Rep
Austin Kelly, Communication Rep
Emily Kelly, Mobility & Compulsory Qualification Rep
Ashley Scwalb, Administrative Assistant
Lisa Spini, Optional Mobility & Qualification Rep
Dan Witenstein, Education Rep

AZ State Non-Voting Board Members

Dianne Grayson, NAWGJ Rep
Ralene Aguilar, XCEL Rep

Visit us at www.azgym.net

AZ USAG Committee

Responsibilities of the Committee:

To ensure the rules and ethics of both USAG and AZ USAG are upheld by all professional members and to provide a safe and fair playing field for all Arizona athletes and professionals.

How to become a member of the Committee:

To be a voting member of the AZ USAG committee you must be a current professional member in good standing AND an active gym owner, coach or judge. You must further be elected by a majority vote to hold a “voting” position on the committee. We only allow ONE professional member from the same club to serve on the board as a voting member at the same time.

Committee members serve for two years. Elections are held annually in June for vacant positions. Nominations and resume’ must be submitted by May 15. New committee members take office on July 1.

Professional Members

All coaches, judges and meet directors MUST have a current safety certification, professional membership and background certification. Current USAG pro card must be worn and/or carried on your person at ALL AZ sanctioned events, competitions and clinics.

Dress Code:

At all State Meets and above, the coaches’ dress code is as follows:

- Athletic shoes with rubberized soles.
- Athletic warm-up pants or “Docker-style” pants (no jeans).
- Athletic or tailored shorts that are of a reasonable length. No holes, tears or short shorts.
- Collared shirts, business casual shirts or T-shirts with gym logo (no spaghetti straps, low-cut tops or midriff revealing shirts).
- No hats or visors.

AZ State Event/Meet Calendar

A state-wide events calendar will be posted on our state website at www.azgym.net.

Submission for the calendar is due by **June 15** of every calendar year. Monthly updates will take place for clubs/professionals that miss the deadline or add events to the calendar after primary deadline.

STATE SPONSORED MEETS

State Meets are open to a state wide bidding process. The following criteria are necessary for bidding on a state meet.

1. Bids are due in writing to the State Chairman by **June 1**
2. Clubs submitting bids must have held at least one invitational in an OUTSIDE facility during the past competitive season.
3. Meet Directors submitting bids must also have held at least one invitational in an OUTSIDE facility during the past competitive season.
4. Bids will only be considered if bidder has secured outside facility.

AWARDED STATE MEET HOST REQUIREMENTS

Gym clubs awarded any state meet must follow these guidelines.

1. Meet invitations must be both e-mailed and US Postal mailed to all Arizona clubs six weeks prior to the State Meet date and a minimum of three weeks prior to meet entry deadline.
2. Meet Invitation must include, meet date, entry fee, entry deadline, qualifying score, meet location and an entry form that includes a column for qualifying meet name.
3. State meet details such as meet times, location, and sessions must be distributed a minimum of two weeks prior to meets date.
4. State meet hosts may charge a \$15 late fee for any club not conforming to the State meet entry deadline.
5. Meet host must charge the following entry fee:
 - a. \$90(Level 2-5) entry to include a “state meet” t-shirt
 - b. \$105 (Level 6-10) entry to include a “state meet” t-shirt
 - c. \$90 (XCEL) entry to include a “state meet” t-shirt
 - d. \$15 state head tax
 - e. \$2 regional head tax
 - f. Entry total (Levels 2-5& XCEL)-\$107 and for (Levels 6-10)-\$122
 - g. Entry fee must be refunded for gymnasts that DO NOT qualify to the state meet.
6. Meet host must charge a team entry fee of \$50 per team.
7. Meet host must conform to all USAG equipment minimum standards for all state meets. (see attached equipment addendum)
8. Meet host must supply athlete/coaches seating at each designated event.
9. Meet host must have EMT or certified medical personnel.
10. Meet host must supply judges/coaches/gymnast hospitality area and provide meals for both judges and coaches.
11. Meet host must provide USAG “state” medals. These medals are to be ordered directly from the AZ State Chairman. Meet host will pick up the medals and sign a confirmation of number of medals received. At the conclusion of the meet, meet

host will return unused medals and receive a credit for those medals. State Chairman will then bill club for the medals used.

12. Awards to be given as follows:

- a. Event & All-Around Medals for 50% of each age division
- b. Ties for first place are NOT to be broken....both winners receive a GOLD medal and are a State Champion.
- c. Team awards- Level 2-5: 1st through 10th
- d. Team awards-Level 6-10: Top 50% of teams entered
Trophies should be ordered by Meet host from A-1 awards and include the USAG logo.
- e. No private club logos/team name can be on any state awards
- f. Team score is determined by Top three scores per event, no designation and only one team per club. **Teams may not utilize a gymnast's score to count toward team score if the athlete participated at the same level- (levels 2-5) at the prior year's Championships if the athlete earned a 37.00AA or better.**
- g. State Chairman to provide State Championship Banners.

13. Age divisions will be determined by the state committee by dividing gymnasts into equal groups based on total athletes participating.

14. A draw will be held by the state committee for sessions and rotations. Meet Director is invited to attend draw.

15. Admissions can be charged at no more than \$15/adult and \$5/child 6 and under and \$5/Seniors 60+

Qualifying to a State Meet

Arizona athletes must qualify to all State Meets. To qualify they must attend a designated qualifying meet. A qualifying meet is any Sanctioned Arizona meet that is held in a private gym or outside facility that has a minimum of three teams participating. The event must also have all judges assigned by AZ NAWGJ to qualify as a State qualifying meet. In addition qualifying scores must be posted on an internet site that is open to public visibility such as www.meetscoresonline or the host clubs website.

Entering a State Meet

Entry deadline for all State Championship meets is 3 weeks prior to the meet itself. All gymnasts should be entered by this deadline without exception. Any gymnast that does not qualify will be issued a refund without penalty. No other refunds will be issued.

In order to compete at the State Championship competition on a different day/age division, (due to a *Religious* or *Unforeseen Circumstance*,) the coach of the athlete **must** submit a petition (for each athlete) to the state committee. The petition must be submitted **30 days** prior to the Championship competition.

No entry to the State Championship competition after the late entry date will be permitted without petition and approval of the state committee.

Entry deadline remains 3 weeks prior to competition

Late entry remains 2 weeks prior to competition

State Meet Qualifying Scores

Qualifying score must be earned in an AZ qualifying meet. (see above regulations)

Level 2: 30.00AA

Level 3: 30.00AA

Level 4: 30.00AA

Level 5: 30.00AA

XCEL Bronze, Silver & Gold: 30.00AA

XCEL Platinum & Diamond: 31.00AA

Level 6-10: 31.00AA

All gymnasts must declare their level of participation a minimum of three weeks prior to State Championships. Entry registration to the State Championship meet will serve as official declaration.

THESE RULES & POLICIES ARE SPECIFIC TO ARIZONA. EACH PROFESSIONAL MEMBER SHOULD ALSO BE FAMILIAR WITH THE USAG RULES & POLICIES FOR CLARIFICATION OF SPECIFIC RULES THAT MUST BE FOLLOWED IN ADDITION TO THE ONES OUTLINED IN THESE ARIZONA RULES & POLICIES.